



A STUDY ON THE CONTRIBUTIONS AND ACHIEVEMENTS OF KARNATAKA HOCKEY PLAYER ANUP ANTHONY TO INDIAN HOCKEY

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ABSTRACT

Hockey is one of the many sports derived from pre historic man's delight in stick and ball games. It is a game played between two teams on a field with curved sticks and a small hard ball. In India among various sports, hockey occupies a significant place. It is the national game of India. It is a game of skill, deception, anticipation, concentration and character. Like all other games, hockey too has its fundamental skills. To be on the top in any game, it is necessary to have mastery over its fundamental skills. The fundamental skills of a game are based on the motor moments of human being.

KEYWORDS: sports derived , fundamental skills, high performance and achievements .

INTRODUCTION :

The contribution of any hockey player in terms of high performance and achievements at National and International level plays a vital role in the promotion of hockey game. The contribution of Karnataka State Hockey player in terms of high performance and achievements at National/International level plays a very important role in the promotion of hockey game in Karnataka and India in general.

To find out what kind of contribution and

achievements by Mr. Anup Anthony, Karnataka State Hockey players to Indian hockey, the present study is taken into consideration.

STATEMENT OF THE PROBLEM:

The problem formulated for the present study is "A study on the Contributions and Achievements of Karnataka Hockey player Mr. Anup Anthony to Indian Hockey".

PURPOSE OF THE STUDY:

The purpose of the study is to assess the contributions and

achievements of Karnataka State Hockey player Mr. Anup Anthony who represented India at International level by making his complete profile.

OBJECTIVES OF THE STUDY:

- To find out the contribution of Karnataka State Hockey players to Indian Hockey in the form of performance and achievements at International level.
 - To make a profile of Mr. Anup Anthony who represented India at International level.
- Hypotheses of the study:



- Mr. Anup Anthony, Karnataka State Hockey player would have contributed to Indian Hockey in the form of performance and achievements at National and International level.

SIGNIFICANCE OF THE STUDY:

- This study assumes great significance given to its comprehensive study to delineate the contribution of Mr. Anup Anthony, Karnataka State Hockey player to Indian Hockey.
- It reveals his contributions to Indian Hockey at International Hockey matches in the form of performance.
- The study further contributes and explores the role of Karnataka state hockey player to Indian hockey and also making the profile of hockey player is the record of information for further research studies as well as very helpful to coaches, trainers and state hockey federations of India.
- The profile of hockey player contributes as motivational factor for the upcoming young hockey players of Karnataka and India in general.

METHODOLOGY

A present study was designed to investigate the contributions and achievements of Karnataka State hockey player towards the promotion of Hockey game in the Karnataka State and India in general and also to study their philosophy with regard to sports as a profession in India, their quality as a player and their contribution to the game of hockey at national and international level. Data/Information for this investigation was derived from the Primary sources i.e. Direct observation, Questionnaires, Personal records, Archival records, Documents, Pictorial records and Secondary sources. Based on the objectives laid down in the present the following methods were used to obtain the data,

DESIGN OF THE STUDY

Sources of Data and Information:

The different sources and methods used by the researcher to gather data and information about the contribution of Karnataka State hockey player to Indian Hockey. There are four major sources and methods that have been identified by researcher to obtain the information and data are Direct observation, Documents, Archival records and Participation. It is further divided as the collection of data and information for this investigation as both primary and secondary resources.

Primary Resources:

The original data, material and information is collected from the following primary resources,

(a)Direct Observation:

The researcher himself is a university level hockey player and he knows some of the history and profile of hockey players. His direct involvement in the hockey enables him to observe the official records of player in hockey federation being a direct observer and that will lead the researcher to get first hand information.

(b)Documents:

Researcher visited various sports institutions such as Indian Hockey Federation (IHF), New Delhi and Karnataka Hockey Association, Bangalore to get the related data information of the study in the form of Photo's, News Papers, Articles, Books and Administrative records etc. Pictorial records from a large repertoire of photographs available with different sources such as personal albums, official photographs that were found relevant to different occasions have been chosen as documents for the study. The published materials in the News Papers, Sports Magazines and Books etc. These are studied and information retained as documents for the investigation.

(c)Archival Records:

The official records in the sports websites of Sports federation's survey records, Life time achievements

and name lists, etc. were searched and studied and information and data are retained for the study.

Secondary Resources:

To get deeper insight into the study the survey method is used for the further study.

(a) Survey:

The survey of state and national hockey federations or associations is done to get the data and information about the contributions of Mr. Anup Anthony, Karnataka State hockey player who represented India at international level.

ANALYSIS OF DATA AND INTERPRETATION OF RESULTS

A present study was designed to investigate the contributions and achievements of Mr. Anup Anthony, Karnataka State Hockey players to Indian Hockey towards the promotion and development of hockey game in Karnataka and country in general and also to study sports motivation with regard to sports as a profession in India, their quality as a players, their professional leadership qualities, and their contribution to the game of hockey at National and International level. The present study is conducted on Mr. Anup Anthony, Karnataka State hockey player who represented Indian hockey team at International level. Based on the findings the analysis of data and interpretation of results are presented in the following way.

Mr. ANUP ANTHONY



Early Life:

Mr. Anup Anthony was born on 3rd June 1979 in Mangalore. At the age of 15 years he was started playing hockey game seriously. The hockey game, his parents, relatives and friends are great inspiration to him to take up this sport and they also supported and co-operated him to play hockey game. His father was main reason he got into sports, without his support he would not have reached the international level.

He spent the most of his childhood days and adulthood days in the Bangalore city that allowed him to get better facilities to play and practice hockey game in his early days.

Family:

Anup Anthony's father Mr. Anthony S.L was an International athlete and state football player and mother Mrs. Veera Anthony she was a house wife and he had two younger sisters. He was married to Priyanka in the year 2012 and had one son namely Aiden.

Education:

Mr. Anup Anthony was completed his school days at Maria Niketan high school, Bangalore in the year

1994 and 12th class (PUC) studied at BET College, Bangalore and subsequently completed the same in the year 1997. Further he joined for the Bachelor of Commerce (B.Com) degree course at St. Joseph's Commerce College, Bangalore and graduated in the year 2000.

Employment:

- He worked as Police Sub Inspector, Customs and Central Exercise, ACC, Bangalore from 2011-14.
- Since 2014 to till date Superintendent of Police.

Hockey Career and Achievements:

He got the hockey basics training at the age of 15 and advance training at the age of 17 at Bangalore. He used to practice hockey game daily morning 2 hours and evening 2 hours and he used to do physical fitness, steep work, skills drills and gym training before the main tournaments.

He was in the school sports hostel from 1996 to 1999 and he was mainly the product of SAI Sports Hostel, Bangalore and there he was got training from the year 2002 to 2007. Further he was elevated from SAI, Bangalore to Centre of Excellence and there he got advanced training from 2001 to 2005. He got to see lot of video sessions, got special diet, did gym sessions, utilizing latest equipments like shoes, hockey sticks, technical training to acclimatize to different weather conditions etc. before the international competitions.

When he was playing for the Karnataka Junior Hockey team he felt that he could reach the top. Before the main competition he just used to listen some music and tried to focus on the match.

Anup Anthony was an attacking player with good stick work and custom made him to play excellent hockey, Anup is a regular team member of Central Excise and Customs.

Represented the state team in Senior Nationals at Jammu in December 2000. Member of the state team for 2002 National Games at Hyderabad and 2005, 2006, 2007 Senior Nationals at Hyderabad and Jalandhar. Represented India at the 5 Nations Hockey Tournament at Egypt in 2001 in which India won the Gold.

Repeated the performance at Egypt in 2002 by being a part of the Indian Hockey team that won the four nations Samaranch Cup at Moscow in 2002. He played in the 10 international matches and scored 10 goals.

Achievements:

Karnataka state team

- Represented the Karnataka state hockey team in the Sub Junior National Championship 1993.
- Represented the Karnataka state hockey team for a period of 13 years from 1997 to 2010 in the various all India tournaments senior nationals and national games (total 150).
- Captained the Karnataka state team for a period of 3 years from 2008 to 2010.

Inter-University South Zone and All India Inter-University Hockey tournaments:

- Represented Bangalore University hockey team in the South Zone University Hockey tournament in the year 1997 (Winner), 1998 and 1999 respectively.
- Represented Bangalore University hockey team in the All India Inter-University Championship 1998 and secured (3rd Place).

International level 2001 to 2002:

1. Represented Indian hockey team in the Akbar El Yom 5th Nation tournament 2001 held at Egypt (Winners).
2. Represented Indian hockey team in the Samaranch Cup 2001 held at Moscow, Russia (Winners).
3. Represented Indian hockey team in the Akbar El Yom 4th Nation Tournament 2002 held at Egypt (Winners).

Participated in the Indian Hockey Camp 2001 to 2002:

1. Sultan Azlan Shah Cup Preparatory Camp 2001 held at Jammu.
2. Afro Asian Games Preparatory Camp 2001 held at Ludhiana.
3. Champions Challenge Cup Preparatory Camp 2001 held at Jalandhar.
4. Samaranch Cup Preparatory Camp 2001 held at Ludhiana.

5. 4th Nation Cup Preparatory Camp 2002 held at New Delhi.
6. 5th Nation Cup Preparatory Camp 2002 held at Bangalore.
7. Champions Trophy Preparatory Camp 2002 held at Bangalore.
8. Akabar El Yom Cup Preparatory Camp 2002 held at New Delhi.

World Series Hockey league 2011 to 2012:

- Represented Mumbai Marines in the inaugural World Series Hockey Tournament 2012.

Teams represented:

- Air India Academy, New Delhi (1993-94).
- Bomber's Club, Bangalore.
- ITI Club, Bangalore.
- Represented Racing De Club, France in the French League from 2010 to 2011.

Coach:

- Worked as coach for under 14 girls team in Racing De Club, France (2nd place).

His thoughts:

When I didn't do train much I was got a lot of injuries and that effected my performance. Since I have played for the Karnataka State Hockey Team for almost 14 years and captained for 3 years I may deserve an Ekalayya award.

Awards:

- Karnataka Olympic Association award 2007.

CONCLUSION:

Mr. Anup Anthony was represented Indian hockey in the Akber E I Yom (two times), and Samaranch Cup won many medals for India. It is clearly advocated that Mr. Anup Anthony, Karnataka State hockey player who is immensely contributed to the cause of upliftment of national game hockey and thus played a pivotal role in reviving the glorious past of hockey in the country once again. Being the role model, Karnataka State hockey player was being religiously emulated by the younger generation for sports. He was a product of SAI

Recognizing the everlasting efforts and valuable contributions and achievements rendered to sports by him, Karnataka Olympic Association award in 2007.

Finally it is concluded that Mr. Anup Anthony, Karnataka state Hockey player made a very significant and tremendous contribution to India Hockey in the form of achievements in the field of Hockey game at national and international level.

**last up to date information is Dec 2014.



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