



A STUDY ON THE CONTRIBUTIONS AND ACHIEVEMENTS OF KARNATAKA HOCKEY PLAYER P.V. PRAMOD TO INDIAN HOCKEY

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ABSTRACT:-

Hockey is one of the many sports derived from pre historic man's delight in stick and ball games. It is a game played between two teams on a field with curved sticks and a small hard ball. In India among various sports, hockey occupies a significant place. It is the national game of India. It is a game of skill, deception, anticipation, concentration and character. Like all other games, hockey too has its fundamental skills. To be on the top in any game, it is necessary to have mastery over its fundamental skills. The fundamental skills of a game are based on the motor moments of human being.

KEYWORDS: various sports, hockey occupies, anticipation, concentration.

INTRODUCTION:

The contribution of any hockey player in terms of high performance and achievements at National and International level plays a vital role in the promotion of hockey game. The contribution of Karnataka State Hockey player in terms of high performance and achievements at National/International level plays a very important role in the promotion of hockey game in Karnataka and India in general.

To find out what kind of contribution and achievements by Mr. P. V. Pramod, Karnataka State Hockey players to Indian hockey, the present study is taken into consideration.

STATEMENT OF THE PROBLEM:

The problem formulated for the present study is "A study on the Contributions and Achievements of Karnataka Hockey player Mr. P. V. Pramod to Indian Hockey".



PURPOSE OF THE STUDY:

The purpose of the study is to assess the contributions and achievements of Karnataka State Hockey player Mr. P. V. Pramod who represented India at International level by making his complete profile.

OBJECTIVES OF THE STUDY:

- To find out the contribution of Karnataka State Hockey players to Indian Hockey in the form of performance and achievements at International level.
- To make a profile of Mr. P. V. Pramod who represented India at International level.

Hypotheses of the study:

- Mr. P. V. Pramod, Karnataka State Hockey player would

have contributed to Indian Hockey in the form of performance and achievements at National and International level.

Significance of the study:

- This study assumes great significance given to its comprehensive study to delineate the contribution of Mr. P. V. Pramod, Karnataka State Hockey player to Indian Hockey.
- It reveals his contributions to Indian Hockey at International Hockey matches in the form of performance.
- The study further contributes and explores the role of Karnataka state hockey player to Indian hockey and also making the profile of hockey player is the record of information for further research studies as well as very helpful to coaches, trainers and state hockey federations of India.
- The profile of hockey player contributes as motivational factor for the upcoming young hockey players of Karnataka and India in general.

METHODOLOGY

A present study was designed to investigate the contributions and achievements of Karnataka State hockey player towards the promotion of Hockey game in the Karnataka State and India in general and also to study their philosophy with regard to sports as a profession in India, their quality as a player and their contribution to the game of hockey at national and international level. Data/Information for this investigation was derived from the Primary sources i.e. Direct observation, Questionnaires, Personal records, Archival records, Documents, Pictorial records and Secondary sources. Based on the objectives laid down in the present the following methods were used to obtain the data,

Design of the Study

Sources of Data and Information:

The different sources and methods used by the researcher to gather data and information about the contribution of Karnataka State hockey player to Indian Hockey. There are four major sources and methods that have been identified by researcher to obtain the information and data are Direct observation, Documents, Archival records and Participation. It is further divided as the collection of data and information for this investigation as both primary and secondary resources.

Primary Resources:

The original data, material and information is collected from the following primary resources,

(a) Direct Observation:

The researcher himself is a university level hockey player and he knows some of the history and profile of hockey players. His direct involvement in the hockey enables him to observe the official records of player in hockey federation being a direct observer and that will lead the researcher to get first hand information.

(b) Documents:

Researcher visited various sports institutions such as Indian Hockey Federation (IHF), New Delhi and Karnataka Hockey Association, Bangalore to get the related data information of the study in the form of Photo's, News Papers, Articles, Books and Administrative records etc. Pictorial records from a large repertoire of photographs available with different sources such as personal albums, official photographs that were found relevant to different occasions have been chosen as documents for the study. The published materials in the News Papers, Sports Magazines and Books etc. These are studied and information retained as documents for the investigation.

(c) Archival Records:

The official records in the sports websites of Sports federation's survey records, Life time achievements

and name lists, etc. were searched and studied and information and data are retained for the study.

Secondary Resources:

To get deeper insight into the study the survey method is used for the further study.

(a)Survey:

The survey of state and national hockey federations or associations is done to get the data and information about the contributions of Mr. P. V. Pramod, Karnataka State hockey player who represented India at international level.

ANALYSIS OF DATA AND INTERPRETATION OF RESULTS

A present study was designed to investigate the contributions and achievements of Mr. P. V. Pramod, Karnataka State Hockey players to Indian Hockey towards the promotion and development of hockey game in Karnataka and country in general and also to study sports motivation with regard to sports as a profession in India, their quality as a players, their professional leadership qualities, and their contribution to the game of hockey at National and International level. The present study is conducted on Mr. P. V. Pramod, Karnataka State hockey player who represented Indian hockey team at International level. Based on the findings the analysis of data and interpretation of results are presented in the following way.

Mr. P.V PRAMOD



Early Life:

Mr. P.V Pramod was born on 26th November 1992 in Coorg, Madikeri. At the age of 14 years he was started playing hockey game seriously. The hockey game, his parents, relatives (Praven Kumar and Manohar) and friends are great inspiration to him to take up this sport and they also supported and co-operated him to play hockey game. He spent the most of his childhood days in Ponnampet and adulthood days in the Bangalore city that allowed him to get better facilities to play and practice hockey game in his early days.

Family:

P.V Pramod's father Mr. P. Venkataramana Gowda was Manager, Govt. Sales Tax Office, Bangalore and mother Mrs. P Yashoda, she was a house wife and he had one elder brother.

Education:

Mr. P.V Pramod was completed his school days at Govt. PU College Ponnampet, Coorg in the year 2008 and 12th class (PUC) studied at Suran College, Bangalore and subsequently completed the same in the year 2010. Further he joined for the Bachelor of Commerce (B.Com) degree course at the same and graduated in the year 2013. Presently he was doing M.Com at Karnataka State Open University.

Hockey Career and Achievements:

He got the hockey basics training at the age of 13 and advance training at the age of 17 at Bangalore. He used to practice hockey game daily morning 2½ hours and evening 2½ hours and he used to do physical fitness, steep work, skills drills and gym training before the main tournaments. He was in the Ponnampet Sports Hostel

from 2006 to 2008 and he was mainly the product of SAI Sports Hostel, Bangalore and there he was got training from the year 2008 to till date. He got special training at Indian Camps, SAI, Bangalore and Fitness Camp 2011-12 held at Shimla, Himachal Pradesh and there he got to see lot of video sessions, got special diet, did gym sessions, utilizing latest equipments like shoes, hockey sticks, technical training to acclimatize to different weather conditions etc. before the international competitions. He represented in the 05 international matches and scored 02 goals to his credit.

Achievements:

State/National

- Represented School State level Hockey tournaments held at Bijapur (2006) and Bellary (2007) respectively.
- Represented Karnataka State Junior Hockey team in the Junior Nationals Championship (U-20) 2011 held at Pune and team emerged as winner (Gold).
- Represented Karnataka State Junior Hockey team in the Hockey India Junior Nationals (U-21) 2011 held at Pune.
- Represented Karnataka State Junior Hockey team in the Junior Nationals (U-21) 2012 held at Hyderabad and did captaincy to the team.
- Represented Karnataka State Junior Hockey team in the Hockey India Senior Nationals 2013 held at Pune (Bronze medal).
- Represented Bangalore University Hockey team in the South Zone Hockey Tournament 2013 (Bronze medal).

International:

- Represented Indian Junior Hockey Team (U-18) in the Asia Cup 2010, Myanmar.

Camps Attended:

- Fitness Camp 2011-12 held at Shimla, Himachal Pradesh.
- Indian Camp for Murugappa Gold Cup 2012.
- Senior Indian Camps 2012.

CONCLUSION:

Mr. P. V. Pramod was represented Indian hockey in the junior Asia Cup 2010. It is concluded that Mr. P. V. Pramod Karnataka state Hockey player made a very significant and tremendous contribution to India Hockey in the form of achievements in the field of Hockey game at national and international level. Being the role model, Karnataka state Hockey player was being religiously emulated by the younger generation for sports. He was a product of SAI

Finally it is concluded that Mr. P. V. Pramod, Karnataka state Hockey player made a very significant and tremendous contribution to India Hockey in the form of achievements in the field of Hockey game at national and international level.



**last up to date information is Dec 2014.

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